



Helping Make *Miracles* Happen in 4!



District Governor Kenneth Harwick

724 7th Ave. Madison, MN

56256-1259 • 320-598-3268 • kharwick@frontiernet.net

MARCH 2009

www.5m4.lions.org



Ken's Road Show!

March

- 2-Cosmos, Cedar Mills, Darwin Visit
- 12-Garfield Visit
- 16-Morton/Franklin Visit
- 16-18-Extension Workshop-Hutchinson
- 20-Friendship Banquet-Roseville
- 21-COG-Roseville
- 23-Morris-Visit
- 26-Fairfax/Buffalo Lake Visit

April

- 2-Cabinet Meeting-Benson Bowler
- 4-U of M Tour/Diabetes Meeting
- 14-Browns Valley Visit
- 16-19-Regional Leadership Institute-Mahnomen

May

- 1-3-Multiple-Bloomington

July

- 6-10-International-Minneapolis

Zone Meetings:

- Zone 2-March 15-Wendell
- Zone 7-March 10-Willmar Pizza Ranch

Officer Training:

- April 23-Trophy's-Nelson-6:30-8:30p.m.
- May 9-Spicer Senior Citizen's Center-9-11 a.m.

REMEMBER

The next cabinet meeting is at the Benson Bowler, 6:00p.m., April 2, 2009.

Greetings!

Happy Saint Patrick's Day to Ya!

February might have fewer days but there was no end to the mail and updates that I received. "International President Al Brandel says that when we say "We Serve" we mean we meet the needs of our communities and the world. Especially in hard times generous, open-hearted people turn their empathy and good intentions into actions and results. People need to be relevant, they need to make a difference in the world. As with many needs in our communities a Lions Club is the perfect vehicle to meet this universal need among our neighbors and friends. But your club can only meet this need if it is itself relevant to the community and to your membership. Does your club seek out the most pressing needs in the community? Does it craft innovative ways to make the world a better place? Are your members willing to try something new? Do they have the heart and dedication to take on big projects? Does your club meet your member's needs to be involved in their community? The most powerful recruiting and retention tool your club can have is a strong program of effective and relevant service projects. Relevance leads to recognition. Recognition leads to respect.

When your club is recognized as a meaningful and satisfying way for individuals to channel their energies into community service, your invitation to new members will fall on fertile ground." This month's Lion Magazine article "Don't Leave New Members Disoriented" by Brett Rush gives us several ideas. "It is not enough to get their dues and say "Okay, you're a Lion-get to it." You can't leave a new person alone to stumble around in the dark. They use a Lions Mentoring Program which is available on the LCI web-site. The main idea is to get comfortable because a comfortable member is a contributing member." Another article from the Lion Magazine is "Converting Lioness to Lions" by Brett Rush. Here he states that "A great new member is one with experience, an understanding of commitment and a reputation for setting goals and accomplishing them. A great new member knows community service, the value of hard work and the reward of putting others before oneself. Looking for a great new member-consider a Lioness." In another article there is an update on the LCIF. Last year was a record setting contribution year allowing the foundation to award many grants. They celebrated their 40th anniversary in June and raised \$203 million through Sight First to prevent preventable blindness. They are the number one non-governmental organization world-wide and received the most donations of their 40 year history allowing them to provide 570 grants totalling \$40.93 million for humanitarian needs. LCI is improving its web-site, making it easier and faster to use. It is, also, on Facebook at www.facebook.com/pages/Lions-Clubs-International/2792222491.

BREAKING NEWS!

MARCH 12, 2009

GARFIELD BECOMES THE

**NEWEST CLUB IN 5M4
MORE INFORMATION NEXT MONTH!**

ATTENTION SECRETARIES:

If you are unable to access LCI on-line please contact LCI Tech Line for help at 630-468-6737 or 630-468-6851.

AS YOU CAN SEE, LIONS DO SERVE!

*Wishing you the best and
May you be in Heaven seven days
before the Devil knows you died!*

*In Lionism,
DG Ken*





Dewey's Corner

by Vice District Governor Duaine Essig

The months are flying by and it is March already. It brings March Madness and the spring snow storms which go with the tournaments. Jan and I went to several more midwinter conventions this last month. Now it is almost time for spring DGE training, tours and the Governors Council. Remember the upcoming 5M convention, the International convention and the USA Canada Forum in September, Please consider attending them.

In these times of economic unrest, our local communities and our International communities needs will increase. It is said that when times are tough the tough get going. Well let's change that a little bit and when times are tough the LIONS GET GOING! We are a perfect vehicle to meet this universal need among our neighbors and friends. We need to assess the needs of our communities with our Local Leaders, they have special knowledge of the needs of your area. When you take on new projects and fund raisers you also increase awareness of what Lions Clubs do in the area. We need to serve on a local level, as well as an international level. I have worked with the elderly, and the sick for over forty years and these people are the people that are affected the most when times are tough. Sometimes a kind word or friendly smile will make the day for someone who is depressed and down.

A young man working for Wal-mart as a bagger at a checkstand came home one day and asked his dad what he could do for people shopping at the store. This young man has Down Syndrome, he and his father came up with a thought for the day. His father typed a number a slips of paper with his thought for that day, and he brought them to work and placed them in the bags of people in his check out. A number of weeks later the manager saw a increase in business and the line at the checkout was consistently long. The manager increased his checkouts

for that period of the day. But the line at the young man's checkout stayed the same. The manager asked some of the customers why they did not use the other checkouts. They told him that they wanted this boy's thought for the day, and some came in extra days just to receive his thought for the day! If we as Lions can take a lesson from this young man with Down Syndrome and do something for our neighbors and friends what a difference we can make.

Lions President Al Brandel writes: "Keep in mind that the most powerful recruiting and retention tool your club can have is a strong program of effective and relevant service projects. Relevance leads to recognition. Recognition leads to respect. When your club is recognized and respected as a meaningful and satisfying way for individuals to channel their energies into community service; your invitations to new members will fall on fertile ground."

by District Governor Elect Duaine Essig

*We must become the change
we want to see in the world
Mahatma Gandhi 1869-1948*

*"Do what you can, with what you have, where you are"
Theodore Roosevelt*

EMAILING FOR THE GREATER GOOD
Join me



E-Newsletter information

Multiple District 5M Lions and Lionesses,
The website address below will direct you to the February 2009 E-Newsletter from the Lions Clubs International Convention Host Committee.

<http://www.lionsmd5m.org/2009LCIConvention/2009-02.pdf>

The newsletter features updated information about:

Attending the LCI Convention

Special Olympics Opening Eye Demonstration

Eyeglasses collection at the Convention

Volunteer Information Update

Introducing the Host Committee Logo

I have one additional late breaking item to discuss:

Many of our Lions are trying to register on-line for the LCI Convention, are being charged \$130 rather than \$100, and cancelling their on-line registration. The \$100 is a special price for MD5M

Lions only and is not programmed into the website.

For our members to get this special registration price, they must do the following:

Download a LCI Convention Registration Form from the LCI website.

Fill out the form to mail to LCI. Write "Volunteer" on the top of the form.

Put "\$100" for the registration fee in bold colored letters or highlight it in yellow.

Put "MD5M" in the District Lion in bold colored letters or highlight it in yellow.

That way whoever processes your form will know the special pricing for MD5M Lions.

You may also put a note or a post-it note on the mailed form stating you are a MD5M Lion and get special pricing

Lions:

The February/March 2009 Forum Newsletter can be found in PDF format at the following link:

<https://usacanadalionsforum.org/februarymarchedition.pdf>

If you haven't already, register today for the Forum:

<https://usacanadalionsforum.org/registration.html>

PCC Bill Filmore, Website Chair

bill.filmore@usacanadalionsforum.org



Notices!

OFFICER ELECTIONS

Please have officer elections in April and send the PU101's to LCI by May 1st. Secretaries have received a letter from LCI with electronic directions and a paper copy for clubs that do not report electronically. Please use them.

OFFICER TRAINING

There will be officer training April 23, 2009 at Trophy's in Nelson from 6:30-8:30p.m. and May 9, 2009 at the Spicer Senior Citizen Center from 9-11 a.m. All officers and club members are welcome. What better chance to become aware of changes and updates.

EXTENSION WORKSHOP

2008-2009 Extension Workshop results for the fiscal year for North America have 82 completed and 32 scheduled. Since the program's inception in 2006 there have been 225 clubs formed and 38 branch clubs opened. With the economic slump this may be the time for membership growth. As a result of the economic recession, city social service programs are being cut. With Lions, communities have the opportunity to implement programs available through Lions Clubs International. District 5M4 has united with 5M2 and 5M3 to have an extension workshop March 16-18 at the Hutchinson AmericInn. There will be training, town visits and group discussions. There will be a chance to take the Guiding Lion Training. If interested or if you know of someone who would be, or a location that is looking for a club, please contact me at kharwick@frontiernet.net or 320-598-3268.

CLUB REPORTS AND DUES PAYMENT

Just a reminder that seventeen of us need to send dues payments in now. There are also clubs that are behind on Club Reports. It is hard for us to help, if we do not have accurate records. Please take care of these matters immediately!

MULTIPLE CONVENTION

At the May 1-3, 2009 Multiple Convention in Bloomington there will be a silent auction with proceeds going to the Diabetes Foundation. All clubs and/or individuals are invited to donate items. The more items the better. Please send smaller items directly to Lion Mike Rardin, 14331 Wellington Rd. Wayzata, MN 55391. If you have larger items that you will bring, please let Lion Mike know and about how much space is needed to display. With all donations, please include who the donor is so proper recognition can be made. mrardin@stlouispark.org or 952-930-0136. The planning committee would appreciate knowing as soon as possible so they can plan for needed space and prepare the list of donations.

HEROS AWARDS NOMINATIONS NEEDED:

Nominations are being accepted for the International Hero Awards championed by International President Al Brandel. This award was created to honor those who create miracles through service, recognize Lions who are making a difference and to celebrate the work that we have done and continue to do. Awards will be given to individual Lions, a club, a club president, Lions service project, District service project, District, and District Governor. Please contact DG Kenneth if you would like to refer someone.

SPRING POINT PROJECT UPDATE:

THE FDA HAS GIVEN THE SPRING POINT PROJECT THE 'GO-AHEAD' AND IS NOW APPROVED AS A PROJECT FOR MD5M PAVING THE WAY FOR INDIVIDUAL CLUBS SUPPORT. YOU CAN CHECK www.springpointproject.org for updates.

PROJECT NEW HOPE UPDATE:

Project New Hope provides veterans and their families education, training, and skills, in a relaxed rural setting, to elevate their ability to manage their lives after wartime service. You cannot help the vets without helping their families.

Contact DG or VDG by mail, phone, or e-mail. Submit newsletter information by mail or e-mail (photos e-mail only), Deadline is the 10th of the month! District Gov. Kenneth Harwick (Kathy): 724 7th Ave., Madison MN 56256, 320-598-3268, kharwick@frontiernet.net. Vice Dist. Gov. Duaine Essig (Janis) 400 Eide Cir. Dr., Glenwood, MN 56334-9757, 320-634-4087, doessig@msn.com OR newsletter editor, Anne O'Flynn, PO 2019 Elbow Lake, MN 56531, gcanne@runestone.net.



90th Multiple District 5M Convention
May 1, 2, and 3, 2009
Sheraton Bloomington Hotel
Bloomington, Minnesota
Hosted by the St. Louis Park Lions



Registration Form

Please print

(See Back for More Information and to Enter Additional Registrants)

Lion Lioness Leo Guest

Name: _____

Title: _____

Address: _____

District: _____

City: _____

Club Name: _____

Prov/State: _____

Telephone: _____

Zip Code: _____

Email: _____

(Check if this is your 1st Multiple convention)

Indicate any special needs you have:

Dietary (meals) Vision (Braille) Hearing (signing)

Hospitality Book includes Friday Social, Saturday Lunch and Banquet, and Sunday Brunch

Meal Plan Options

Item	Number	Cost	Total
Hospitality Book (Received BEFORE March 1, 2009)		USD \$120	
Hospitality Book (Received ON March 1, 2009 or later)		USD \$135	
Friday Social (snacks and cash bar)		USD \$15	
Saturday Luncheon (meal)		USD \$35	
Saturday Banquet (meal, cash bar, entertainment)		USD \$55	
Sunday Brunch (meal)		USD \$30	

Total Submitted _____

Make checks payable to MD5M 2009 Convention Fund

Mail registrations to: Lion Dave Apold
 6480 Pineview Lane North
 Maple Grove, Minnesota 55369-6034

Telephone (763) 519-0571
 Email: dapold@comcast.net

Credit cards will not be accepted – cash or checks only please – checks preferred

Cancellations accepted and refunded prior to April 15, 2009 - \$20.00 fee for cancellations

Registration forms may be obtained online at the MD5M website at www.lionsmd5m.org



Resources for Lions from the American Diabetes Association, Minnesota Area

Lions Clubs can order information/brochures to distribute at club functions and meetings by contacting Chris Schaefer at 1-888-342-2383. Brochures include: risk assessments, pre-diabetes brochures, camp brochures, etc. We can also provide diabetes statistics and information on type 1, type 2 and gestational diabetes as well as reducing the risk for diabetes and its complications. Chris can also help to arrange a speaker for district or zone activities with advance notice.

Other places to get information (for you and/or your community) or ways to get your club involved:

www.diabetes.org

Information about diabetes, My Food Advisor, ClubPed, Diabetes PHD (Personal Health Decisions), nutrition & fitness information, games and information for children with diabetes, order free Wizdom kits (educational tool for parents and children with diabetes), find local support groups (and other local info).

eNewsletters

Sign up for one or more eNewsletters on our website, www.diabetes.org:

- **Diabetes World**
Weekly eNewsletter provides the latest news & events occurring in the world of diabetes.
- **Diabetes World – Advocacy Edition**
eNewsletter providing updates on ADA's efforts to increase funding for diabetes research and prevention, improve healthcare and end discrimination against people with diabetes.
- **Advocacy e-Alerts!**
Stay on top of the issues affecting people with diabetes.
- **Diabetes Foodsmart**
eNewsletter providing smart tips, tools & recipes for healthy, delicious food.
- **Parents' eNewsletter**
Bi-monthly eNewsletter provides news and information as well as tips, hints, and resources to help you manage your child's diabetes.
- **Family Health eNews**
Bi-monthly eNewsletter for ideas, news, research, healthy eating & fitness tips, and plenty of great recipes for you and your busy family.

Involve your Community!

- **Alert Day** – March 24, 2009 – targets people undiagnosed and those at high risk for diabetes – provide risk assessments & pre-diabetes information at local activities
- **Camp Needlepoint/Daypoint** – August 16 – 29, 2009 – targets youth with diabetes – provide funding to help provide camperships for those who cannot afford the cost of a week at camp; **visit camp** to see how camp benefits youth with diabetes and how your club donation is utilized (contact Chris Schaefer at 1-888-342-2383, ext. 6592 to discuss)
- **Diabetes EXPO** – October 24, 2009 – Minneapolis Convention Center – provide a bus for people in your community to get to and from the EXPO, have your club members volunteer to work at the Diabetes EXPO, or **visit EXPO** to see what it's all about! (contact Chris Schaefer at 1-888-342-2383, ext. 6592 to discuss)
- **American Diabetes Month** – November – targets people with diabetes – provide information about diabetes and its complications at local activities



LCIF Newsletter - March 2009

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CSFII, Fulfilled Pledges Fulfill "Vision for All"

New Online Donation System

"On behalf of The Carter Center, I'd like very much to take this opportunity to thank the Lions for their support and also for their participation, collaboration on the ground in the countries where we're working together to combat river blindness and trachoma. Together we can take care of these diseases and move on to other causes of blindness as well,"

Dr. Donald Hopkins of The Carter Center and member of the SightFirst Advisory Committee.

For more information about Lions Clubs International Foundation contact Alecia Dimar.

Message from Chairperson

Dear Fellow Lions,

The beginning of 2009 has been a great success for our Foundation. The Youth and Sight Partners Forums took place at the end of January and were a great success. The debut of the new Lions Clubs International Foundation Web site is quickly approaching. The Foundation and Lions are working together to aid the victims of wildfires that have devastated parts of Australia. Lions around the world continue to serve those in need through LCIF. Please enjoy the updates about our great accomplishments so far this year.

Yours in Lionism,, Mahendra Amarasuriya, LCIF Chairperson

Grants Awarded for Australian Wildfires

LCIF has awarded a US\$100,000 major catastrophe grant in addition to US\$30,000 total in emergency grants to Lions in Australia. An "Australian Wildfire Disaster" designated fund has been established for donors wishing to contribute directly to this disaster. The funds will be used by Lions in Australia to provide relief supplies to displaced families and assist in rebuilding efforts. To make a contribution, please visit www.lcif.org/donate.

New Foundation Web Site to Debut in March

A new Foundation Web site will debut in March, coinciding with the launch of the new Lions Clubs International site. As part of a major branding initiative of Lions Clubs International, the new Web site will explain who Lions are and what we do, while being more user-friendly. The new site will show the Foundation in a new light, through patient stories, donor spotlights and testimonies from our partners. To learn more about the new Web site, please read the March edition of LION Magazine, or visit www.lcif.org.

Former President Jimmy Carter Visits Lions Headquarters

Former U.S. President Jimmy Carter dedicated the "Gift of Sight" statue on Tuesday, January 27, 2009 at Lions Clubs International headquarters. The statue symbolizes Lions Clubs International Foundation's ongoing collaborative efforts to combat preventable blindness and is a gift to Lions from The Carter Center. The dedication of the statue was part of a two-day symposium where leading sight and youth organizations from around the world gathered to discuss positive youth development and blindness prevention. Photos and interviews from the events are available on our Web site.

CSFII, Fulfilled Pledges Fulfill "Vision for All"

As many of you know and made possible, Lions surpassed Campaign SightFirst II's (CSFII) challenge goal of US\$200 million raised in cash and pledges. Today, almost US\$150 million of these funds have been received by LCIF and are working to expand our SightFirst efforts to provide sight and fight preventable blindness around the globe. At the January 2009 SightFirst Advisory Committee meeting, 11 grants were approved for SightFirst projects in nine countries around the world. The need for the SightFirst program continues. As we each come closer to fulfilling our club and personal pledges to CSFII, we come closer to bridging the gap and making Lions' "Vision for All" a reality.

Cruise the Western Mediterranean with the Chairperson

Join 2009-2010 LCIF Chairperson Al Brandel and his wife, Dr. Maureen Murphy, on an exciting journey through the western Mediterranean aboard the Celebrity Century cruise ship. See the sights of Barcelona, Cannes and the historic cities of the Italian coast, while visiting with local Lions in ports of call. Help support LCIF and fund Lions projects around the world while enjoying a once-in-a-lifetime trip. For more information e-mail lcifdevelopment@lionsclubs.org. Spaces are limited, so act soon!

Opening Eyes Program at Special Olympics Winter Games

A Special Olympics-Lions Clubs International Opening Eyes event was held at the Special Olympics World Winter Games in Boise, Idaho in February. Opening Eyes is part of the Healthy Athletes program, which provides athletes with a variety of health screenings and diagnostics. The screenings took place from February 8 through 13 for 5 hours each day. During the screenings nearly 450 prescription eye glasses and sport glasses were distributed, 650 sunglasses were given to athletes. Nearly 200 Lions volunteers gave almost 1600 volunteer hours for the event. In total, more than 1,100 athletes went through the Opening Eyes screening.

Lions Night at the Ballgame

Come see the Minnesota Twins play against the New York Yankees on Wednesday, July 8, 2009. Increase awareness about Lions and raise money for a great cause at the same time! Tickets are \$20 or \$29 each, a savings of \$5 or \$7 off the normal ticket price, with \$3 from each ticket purchase donated to LCIF. A special pre-game presentation will honor Lions, and the Lions Michigan All-State band will perform the National Anthem. See the flyer online for more details and how to order tickets.

New Online Donation System

The online donation system on the Foundation Web site has been revised to allow for easier navigation among users. The new system offers the contributor a selection from three different types of donations: Humanitarian/Sight, Disaster and In Honor of/In Memory of. To make a contribution, please visit www.lcif.org/donate.